



**A talk by Dr Lucy Pollock on “Growing Old (For People Who Don’t Want To Talk About It)”
At The George Albert Hotel, Wardon Hill, Dorchester DT2 9PW,
at 10.30 am on Friday 19 April 2024**

The hotel is on the A37, 10.6 miles North of Dorchester and 10.2 miles South of Yeovil. From Dorchester take the A37 North past Charminster, through Grimstone, past Long Ash Service Station into high, rolling countryside. Just before reaching the hotel a large white ‘golf ball’ installation is visible above the hedges on the right. The entrance to the hotel is a little further along on the right via a central slip lane. Parking is free. For those who wish to, a booking may be made for the afternoon with Dorset Spa Therapy who offer a sauna, steam room and treatments.

Telephone: 01935 483430

Web: <https://www.gahotel.co.uk/>

Email: enquiries@gahotel.co.uk

Please arrive by 10:30 for coffee, followed by the talk and discussion at 11:00, both in the Conference Room.

Access

The hotel is wheelchair accessible with a drop off point at the main front entrance and parking nearby. Inside all is on one level. Entry/exit is easy via the main external doors to the hotel. The conference room is to the left as you go in past reception and the bar. Directions for lunch will be given after the talk. Lavatories are adjacent to the conference rooms.

Menu Choices

A hot two-course lunch will be served provided a minimum of 25 members and guests attend. Fewer attending may require a change to a finger buffet. Members and guests are therefore encouraged to support this talk. Please enter on the booking form the main course and dessert course choices for each member of your party. Drinks can be purchased from the bar.

Main Course

Beef Bourguignon
Chicken in a creamy leek sauce
Vegetable Curry (Vegetarian)

Dessert

Sticky Toffee Pudding,
Fruit Salad

Special Dietary or Mobility Requirements

Please let us know on the booking slip if you have any special dietary or mobility requirements.

Cost and Payment

The cost including parking, conference facilities and lunch is £37.50 per person. Advance booking and payment are required, please. Payment may be made online or by cheque, payable to the Cambridge Society of Dorset, and with the completed booking form preferably by email, or otherwise by post, should be returned to **Mark Vye** by **10th April 2024**. If you pay electronically this must be done at the same time as you return your booking slip. Use your surname and ‘Lucy’ as the reference.

If you try to book after that date please contact Mark to check whether it can still be accepted before making payment. We may not be able to make a refund for a late cancellation.

Cheques made payable to Cambridge Society of Dorset and booking forms to be posted to:

M A Vye, 7 Meadow Vale, Pulham, Dorchester Dorset DT2 7HU

E-mail address: mcvye@globalnet.co.uk

Tel: 07813 818183

BOOKING FORM

'Growing Old (For People Who Don't Want To Talk About It)' Talk by Dr Lucy Pollock – 19 April 2023

(Please use Block Capitals)

Name:.....College & Matric Year:.....

Name of Partner:.....College (if applicable):.....

Name(s) of Guest(s):.....

Contact phone:

Email:

Name	Main Course Beef/Chicken/Veg curry	Dessert Sticky Toffee/Fruit Salad

Special dietary or mobility requests (if any):.....

Cost: £37.50 per person

Payment by bank transfer, reference Name and 'Lucy', total remittance: £.....

Cheque for total remittance: £.....enclosed

THIS FORM OR THE DETAILS REQUIRED AND PAYMENT SHOULD PLEASE BE RETURNED NO LATER THAN FRIDAY 10 April 2024. Thank you.

The Cambridge Society of Dorset bank details:-

Bank NatWest
Account type Business
Account Name The Cambridge Society of Dorset
Sort Code 51-81-18
Account 87294168