



October, 2023

Dear Fellow Members

I am delighted to invite you and your guests to our next meeting at The Bridgwater and Taunton College, Taunton, on **Friday November 3rd, 2023** at 12.30pm, when we are very much looking forward to welcoming Dr Lucy Pollock as our guest speaker after lunch.

Her subject is 'Growing Old (For People Who Don't Want To Talk About It)', after her very successful book of the same title. Having heard Lucy speak before I can assure you that she is not only expertly informative but very entertaining. She read medicine at Trinity, Cambridge, and trained in general and geriatric medicine in London. She has been a Consultant Geriatrician at Musgrove Hospital in Taunton since 2001.

Of Lucy's book Sandi Toksvig has written: 'The most important book about the second half of your life you'll ever read. I wish everyone in the UK could be under Dr Lucy's care, but this is the next best thing.' There will be copies available after the talk should you wish to purchase one.

#### **Timetable**

**12.30** Arrive at Bridgwater and Taunton College

**12.50** Lunch in the Quantock Restaurant

**14.15** Talk in the College Conference Centre

**15.30 approx** Close

#### **Directions and Parking**

The College Campus is on Wellington Road (A38) Taunton, TA1 5AX.. Travelling westward on the A38 from central Taunton, the College is on your right about 0.25 miles beyond Tesco. Disabled spaces are available on the right-hand side of the main building. There are several car parks, including a Visitors' Car Park, and you may use any of them. There is a parking fee of £1. You may either use the parking meter to pay, or you may pay in cash when you arrive at the Quantock Restaurant, where you will be asked to enter your car registration number when you check in.. The Restaurant is at the right-hand end of the main frontage.

#### **Access**

The campus is wheelchair accessible. Entry/exit is easy via the main external doors to the Restaurant. (We are asked to please not enter by the College Main Entrance.) The Conference Centre is a separate building about 3 minutes walk away, where again we enter on the ground floor. Directions will be given after lunch. There are easily reached lavatories in both buildings.

## **Menu Choices**

Drinks can be purchased from the bar within the Restaurant.

A two-course lunch is provided, followed by Porlock roasted coffee, Miles tea or fruit infusions.. The lunch is prepared and served by members of the College, supervised as part of their catering course experience. They have provided us with an excellent product and service on previous occasions (but please remember that they are students and not yet qualified professionals.)

Please enter on the booking form the main course and dessert course choices for each member of your party.

### *Main Course*

Pork Loin Chops, Colcannon Mash, Burnt Apple Puree, Cider Jus  
Pollock, Seaweed Risotto, Roasted Garlic Oil  
Roasted Beetroots, Pearl Barley, Candied Walnuts, Horseradish Creme Fraiche  
Pan Roasted Duck Breast, Butternut Squash, Potato Fondant, Spinach

### *Dessert*

Pineapple Fosters, Banana and Passionfruit Sorbet  
Sticky Toffee Pudding, Toffee Sauce, Vanilla Ice Cream  
Blueberry Panna Cotta, Ginger Biscuits, Lemon Sorbet  
White Chocolate Delice, Compressed Pear, Honeycomb

Please let us know if you have any special dietary requirements.

## **Cost and Payment**

The cost including lunch is £20 per person. Advance booking and payment are required, please. Payment may be made online or by cheque, payable to *Cambridge Society of Somerset*, and with the completed booking form (or the required information in an e-mail) should be returned to Anne Stoye, our Treasurer, by **27th October, 2023**. If you would like to book after that date please contact Anne to check whether it can still be accepted before making payment. We may not be able to make a refund for a late cancellation.

*Bank details* for online payment: Sort Code - 30-91-84; Account 23074960; Cambridge Society of Somerset

*Cheques* made payable to *Cambridge Society of Somerset* to be posted to *Anne Stoye, Enmore Castle West, Enmore, Bridgwater, TA5 2DU*.

E-mail address: [annestoye@btinternet.com](mailto:annestoye@btinternet.com)

**Forthcoming**

Our next following meeting will be in February, 2024, when Paul Dicken will speak about some common misunderstandings of science. The date, venue and further details will be confirmed in due course.

With best wishes,  
John Carrington (Chairman)  
[compasscourt@gmail.com](mailto:compasscourt@gmail.com) ; 01823-272160

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**BOOKING FORM**  
**Bridgwater & Taunton College Meeting - 3rd November, 2023**

*(Please use Block Capitals)*

Name.....College & Matric Year.....

Name of Partner.....College (if applicable).....

Name(s) of Guest(s).....

<b>Mains Selection</b>	<b>Member</b>	<b>Partner</b>	<b>Guest 1</b>	<b>Guest 2</b>
Pork Chops	.....	.....	.....	.....
Pollock	.....	.....	.....	.....
Beetroots	.....	.....	.....	.....
Duck	.....	.....	.....	.....
<b>Dessert Selection</b>				
Pineapple	.....	.....	.....	.....
Sticky Toffee	.....	.....	.....	.....
Blueberry	.....	.....	.....	.....
Chocolate	.....	.....	.....	.....

Special dietary requests (if any).....  
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**Cost: £20 per person**

Cheque for total remittance £.....enclosed

**THIS FORM OR THE DETAILS REQUIRED SHOULD PLEASE BE RETURNED NO LATER THAN FRIDAY, 27th OCTOBER. THANK YOU.**

